

Dear Patient,

Welcome to our practice!

Although it may be a new and frightening experience if you have been diagnosed with skin cancer, I want to reassure you that you are in caring, expert hands. The sole goal and focus of my practice is to cure you of the skin cancer and make your stay with us, and recovery afterwards, is as pleasant as can be.

I have cured thousands of skin cancer patients and taken additional fellowship training, besides my dermatology residency training, *specifically* for Mohs micrographic and reconstructive surgery with one of the most respected Mohs and reconstructive surgeons in the country.

Enclosed you will find some information about my practice, Mohs micrographic surgery, and the pre surgery instructions. Also please visit our website, **www.dermsurgery.net**, where you can learn more about us and watch a brief but very informative video about Mohs micrographic surgery.

Please call us anytime with questions or to discus your concerns.

Sincerely,

Daniel S. Behroozan, M.D.

Diplomate, American Board of Dermatology Fellowship Trained Mohs Micrographic Surgeon, American College of Mohs Surgery

Assistant Clinical Professor, Dermatology David Geffen School of Medicine University of California, Los Angeles



What to Expect During Your Day of Mohs Surgery With Us

Below is an overview to assist you with preparing for Mohs micrographic surgery. In addition, please visit us at <u>www.dermsurgery.net</u> to watch a brief but informative video about Mohs micrographic surgery.

- 1. Dr. Behroozan will review your medical history, allergies, medications, perform an exam, and explain what to expect during the day. Dr. Behroozan will confirm the location of the skin cancer with you and review the results of the skin biopsy.
- 2. A photograph and measurement of the skin cancer will be taken.
- 3. The area will be numbed with a local anesthetic (exactly like the time of the biopsy).
- 4. Dr. Behroozan will obtain a skin sample (a Mohs layer or "stage") from the area with the cancer with the goal of removing it.
- 5. Our team will secure a temporary bandage to the site and escort you back to the waiting room or have to you rest in the exam room.
- 6. The Mohs layer will be immediately processed and then examined under the microscope by Dr. Behroozan, who is specially trained in skin cancer removal and microscopic examination.
- 7. In about 1 hour, you will be informed whether Dr. Behroozan needs to take another layer or whether the cancer has already been removed completely.
- 8. Dr. Behroozan may need to take additional layers until all of the skin cancer is removed. Because there is no may of predicting how many stages will be necessary, expect to spend the whole day with us.
- 9. Once the cancer is completely removed, Dr. Behroozan will discuss with you the repair and healing options, which may include allowing the area to heal on it's own or closing it up with stitches. Occasionally, if Dr. Behroozan feels a plastic surgeon will be necessary to repair a larger than expected wound, this will be arranged for you.
- 10. Post operative instructions and possibly a prescription for antibiotics may be given as well as a follow up appointment in 1-2 weeks for a wound check and/or suture removal.



PRE-SURGERY INSTRUCTIONS

- **1.** Continue your regular medications as usual but <u>**DO NOT**</u> take any aspirin or herbal supplements 10 days prior to your procedure, <u>unless another physician</u> <u>has advised otherwise.</u>
- **2. DO NOT** smoke one week before surgery and refrain from smoking until sutures have been removed after surgery.
- **3.** If you take **Coumadin** (Warfarin), **Plavix** or any other blood thinners, continue taking them.
- **4.** Please notify us if you have an artificial joint or heart valve, if you ever had rheumatic fever or a heart murmur, or if a doctor ever recommended you take antibiotics prior to surgery or teeth cleaning.
- **5.** Get a good nights rest.
- **6.** Eat breakfast as usual on the day of the procedure.
- **7.** If you are having Mohs micrographic surgery, *expect to stay the whole day with us.* Therefore, bring snacks, your laptop (we have Internet access) and reading/work material to stay occupied.
- **8.** Please arrive 15 minutes early.

If you have any questions and/or concerns, please don't hesitate to call our office 310.392.1111.

Thank you so much!